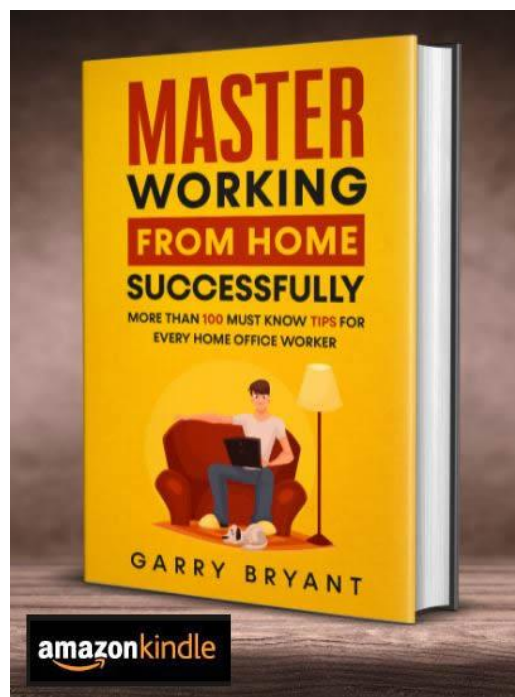


#WFH - Work from Home tips book free for five days on Amazon Kindle to help home workers

London, United Kingdom, [September 07, 2020]:

Today, Author Garry Bryant made his five-star rated work from home tips book free on Amazon Kindle USA and UK. It will be available to download for five days between September 9th – 11th to help people still working from their homes.



In Master Working from Home Successfully: More than 100 must know tips for every home office worker, you are given a complete breakdown of everything that you need to succeed in your home-based work.

Whether you've been given the opportunity to work remotely for someone else or a corporation, or you think that you have what it takes to set up your own business, working from home, many of these tips will help you establish a business that's not only credible but one that can also prove to be successful.

To learn more about Master Working from Home: More than 100 must know tips for home office workers and get your Amazon Kindle book version for free in the USA or UK please visit the book's landing page on Amazon here: <http://mybook.to/MasterWorkingFromHome> (The link will redirect to relevant country Amazon store) The book is also available in audio format on Audible ([UK Link](#) & [USA Link](#)), [Apple Audiobooks](#) and paperback format.

Some of the topics covered in the book:

The Ideal Work Environment: Including comfort and ergonomics, internet connectivity, VOIP, dedicated workspace, business tools, light, ventilation, confidential and intellectual property.

Computer Software: Software/freeware/licensing, virus protection software, protecting data, company IT products and avoid security breaches.

Home Working Security: VPNs, passwords, Wi-Fi network advice, encrypting files, backups, and document security.

Home Working Expenses, costs, and utilities: freelance expenses, employee expenses, tax breaks and home/business legal liability insurance.

Effective Time Management: Prioritizing, tools for to-do Lists, focusing on professional tasks and identifying when you are most productive.

Goals: Tri-Win Formula and SMART goal setting and finding the balance.

Becoming a Creature of Habit: Why routines? Early morning routine benefits, morning check-in meetings, other routines, and boundaries. Being clear on working hours, taking regular realistic breaks, signing off and dress for meeting success.

Work/Life Balance: Creating online rapport, separating work from home, getting the balance right dedicating to family time and evening rituals.

Beating Procrastination: Accepting accountability, avoiding activities that waste time, and maintaining and focus.

Rewarding Yourself: The carrot vs. the Stick, involving the family and team incentives.

Communication- Checking in, teams, time zones and communication technology.

Meetings from Home: Acceptable etiquette: equipment, environment, and lighting.

Staying in the Game through Training: Inhouse training courses and upskilling yourself.

Avoiding Cabin Fever: Tips for changing the scenery and beating loneliness.

Breaks / Recess: Scheduling breaks, avoiding eye strain, exercise and communicating boundaries.

Housework: Separating business from housework and maintaining discipline.

Work Motivation: Staying motivated, avoiding disruptions, motivational listening and sticking to your work schedule.

Mental Health and well-being: Self-Respect, isolation, and better sleep.

Time Off: Illness, vacation days, gratitude, and burnout.

Relationships: Children, family, pets, establishing family ground rules, and being 100% Present.

Note to editors:

Free Amazon Kindle book version link: <http://mybook.to/MasterWorkingFromHome> (The link will redirect to relevant country Amazon store)

UK Amazon direct link <https://www.amazon.co.uk/dp/B0872H6R78>

USA Amazon direct link: <https://www.amazon.com/dp/B0872H6R78>

Supporting press release image available here:

<http://masterworkingfromhome.com/images/Master%20Working%20From%20Home%20Audible%20Amazon%20Kindle%20Book.JPG>

For more information visit: <http://masterworkingfromhome.com/>

Contact Number: +44 07989 568029

Email Garry Bryant: garrybryant@live.co.uk